

第 54 屆陸運會 54th Athletics Meet

項目及開賽時間（時間只供參考，以大會最後公佈為準）

Events & Schedule (For reference only)

17:15

[徑 Track] 男子四百米中欄 Men's 400m Hurdles Final

17:25

[徑 Track] 男子五千米 Men's 5000m (決賽 Final)

18:00

開幕禮 Opening Ceremony

18:15

[徑 Track] 四百米熱身賽 400m Warm-up Race

18:30

[田 Field] 男子三級跳遠 Men's Triple Jump

[田 Field] 男子標槍 Men's Javelin Throw

[徑 Track] 女子千五百米 Women's 1500m (決賽 Final)

[田 Field] 女子跳高 Women's High Jump

[田 Field] 女子鉛球 Women's Shot Put

18:45

[徑 Track] 男子千五百米 Men's 1500m (決賽 Final)

[田 Field] 男子持桿跳 Men's Pole Vault

19:00

[徑 Track] 女子一百米 Women's 100m (初賽 Heats)

19:20

[徑 Track] 男子一百米 Men's 100m (初賽 Heats)

[田 Field] 男子鐵餅 Men's Discus Throw

19:40

[田 Field] 男子跳高 Men's High Jump

[徑 Track] 女子四百米 Women's 400m (決賽 Final)

[田 Field] 女子跳遠 Long Jump

19:55

[徑 Track] 男子四百米 Men's 400m (決賽 Final)

[田 Field] 女子鐵餅 Women's Discus Throw

20:10

[田 Field] 男子跳遠 Men's Long Jump

[徑 Track] 女子一百米 Women's 100m (決賽 Final)

20:15

[徑 Track] 男子一百米 Men's 100m (決賽 Final)

20:20

[田 Field] 男子鉛球 Men's Shot Put

[徑 Track] 女子八百米 Women's 800m (決賽 Final)

[田 Field] 女子標槍 Woman's Javelin Throw

20:30

[徑 Track] 男子八百米 Men's 800m (決賽 Final)

20:40

[徑 Track] 女子二百米 Women's 200m (決賽 Final)

20:50

[徑 Track] 男子二百米 Men's 200m (決賽 Final)