

## 聯合書院岑才生學長計劃

### 學員守則

- 主動聯絡學長，增進彼此間的溝通，建立亦師亦友的關係。
- 以誠懇的自信的態度，虛心學習，遇疑難時坦誠向學長請教。
- 與學長會面時，應守時及尊敬學長，包括穿著整齊，經常保持微笑及良好禮貌。
- 珍惜與學長的校友師長情誼，感謝他們為師弟師妹付出的時間與精力。
- 積極參與學長和小組安排的活動，並樂意與他人分享自己的生活體驗。
- 尊重學長的私人空間，避免打擾學長工作。
- 主動與學長保持聯繫（例如通過即時訊息或面對面交流）。
- 坦誠向書院及學員分享參與計劃的感受與建議，促進計劃持續改進。

學員應該	學員應避免
<ul style="list-style-type: none"><li>• 尊重學長的背景及觀點，展現包容態度</li><li>• 主動及虛心向學長請教學業或生活的問題</li><li>• 主動問候學長近況、相約學長會面及參與學長計劃及小組活動</li><li>• 履行學員的職責，並對自己的行為負責</li><li>• 安排在公開、適當的場合與學長會面</li><li>• 如有需要，可尋求書院或大學的支援</li></ul>	<ul style="list-style-type: none"><li>• 在私人或不適當的場合與學長單獨會面，或進行任何不適當或具冒犯性的行為（如不恰當的言語或身體接觸）</li><li>• 洩露學長的個人信息或隱私予第三方（除非得到學長明確同意或符合法律要求）</li></ul>

### 大學多元共融政策

- 大學致力為教職員和學生在學術研究及就業方面提供平等機會，並消除任何形式的歧視或騷擾。
- 大學制定多元共融政策（「政策」），旨在提倡兼容文化，並致力為教職員及學生創造多元共融、免受性騷擾、偏見、仇恨、苛待、騷擾和欺凌等歧視的環境。
- 大學期望所有成員能遵守該政策，絕不容許任何違反該政策的行為，並會採取任何及一切必需的行動消除及防止在校園內發生任何歧視的行為。
- 有關詳情，請瀏覽大學網頁 <https://cadsh.cuhk.edu.hk/zh-tw/>。

如有任何問題或意見，歡迎隨時與聯合書院學生輔導處職員聯絡。

### 查詢

- Ms Chillies Tam (chilliestam@cuhk.edu.hk / 3943 1948)
- Ms Ming Lee (minglee@cuhk.edu.hk / 3943 7598)
- Ms Kate Chau (katechau@cuhk.edu.hk / 3943 7582)

聯合書院岑才生學長計劃統籌委員會

2025 年 8 月

**United College Shum Choi Sang Mentorship Programme**  
**Guidelines for Mentees**

- Take the initiative to contact mentors, enhance mutual communication, and build a trusting mentor-friend relationship.
- Approach interactions with sincerity, confidence, and humility, openly seeking mentors' guidance when facing challenges.
- Be punctual and respectful during meetings with mentors, maintaining neat attire, a positive demeanor, and courteous manners.
- Value the mentor-mentee relationship, expressing gratitude for the time and effort mentors dedicate to supporting their juniors.
- Actively participate in activities organized by mentors or programme groups, and willingly share personal experiences with others.
- Respect mentors' personal space and avoid disrupting their professional or personal commitments.
- Maintain regular contact with mentors (e.g., through instant messaging or in-person meetings).
- Provide honest feedback and suggestions to the College and mentors about their programme experience to contribute to its ongoing improvement.

<b>Mentees Should:</b>	<b>Mentees Should Avoid:</b>
<ul style="list-style-type: none"><li>• Respect mentors' backgrounds, perspectives, and personal boundaries, demonstrating an inclusive attitude.</li><li>• Proactively and humbly seek mentors' advice on academic or personal matters.</li><li>• Regularly check in with mentors, arrange meetings, and participate in programme or group activities.</li><li>• Fulfill mentee responsibilities and take accountability for their actions.</li><li>• Arrange meetings with mentors in public, appropriate venues to ensure a comfortable and safe environment.</li><li>• Seek support from the College or University resources when needed.</li></ul>	<ul style="list-style-type: none"><li>• Meeting mentors alone in private or inappropriate settings, or engaging in any inappropriate or offensive behavior (e.g., inappropriate verbal or physical conduct).</li><li>• Disclosing mentors' personal information or privacy to third parties without explicit consent or legal justification.</li></ul>

**University Diversity and Inclusion Policy**

- The University is committed to equal opportunity in academic pursuits and employment and to eliminating any form of discrimination or harassment.
- The Diversity and Inclusion Policy ("the Policy") has been developed to promote a diverse and inclusive environment for staff members and students free from discriminatory acts, prejudice, hatred, intolerance, harassment and bullying.
- The University expects all members to abide by the Policy. The University has zero tolerance for any infringement and will take any and all necessary steps to eliminate and prevent their occurrence on campus.
- For details, please visit the University website at <https://cadsh.cuhk.edu.hk/en-gb/>.

For any questions or feedback, please feel free to contact the staff of the Dean of Students' Office, United College.

**Enquiries**

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United College Shum Choi Sang Mentorship Programme Coordinating Committee  
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